

2011 Junior Greyhound Football Camp

Please Print Clearly

Name: _____

School: _____

Age (As of 6/09) _____ Grade this fall: _____

Offense Position: _____ Defensive Position _____

Home Address: _____

(Street)

(City)

(Zip Code)

Phone Number: _____

X _____

(Parent/Guardian Signature)

(Date)

Email Address: _____

** Make Check Payable to
NORTHERN FOOTBALL

Mail Check and Application
Before June 15th, 2011 to
Jonathan Reising
160 Mansfield Road East
Columbus, NJ 08022

Any questions please contact:
jreising@nburlington.com
Cell Phone (609) 468-1274
Please complete the reverse side

THE CAMP INCLUDES:

OFFENSIVE SKILLS:

Stance And Start

Blocking

Passing

Pass Receiving

Running Back Skills

Throwing

Kicking, Punting

& Place Kicking

Defensive Skills

Stance And Start

Tackling

Taking on Blocks

Pass Drops

Secondary Coverage

Blitzing, Stunting,

& Pursuit Angles

Other Skills

Running Fundamentals

Form Running

Flexibility & Agility

Nutrition

Weight Training



JUNIOR GREYHOUND FOOTBALL CAMP 2011



AT

NORTHERN BURLINGTON
HIGH SCHOOL

June 21st – 24th

5:30 P.M. to 8:30 P.M.

For Athletes In

Kindergarten – 8th Grade

EXPERIENCE GREYHOUND
FOOTBALL!!!



DATE OF CAMP:

June 21st - 24th

TIME:

5:30 P.M. to 8:00 P.M.

GOALS OF THE CAMP:

- ✦ Learn Fundamentals of Football
- ✦ Practice with Teammates
- ✦ Get Ready for the Season

NORTHERN



**DROP OFF AT 5:15 P.M.
PICK UP AT 8:30 P.M.**

Purpose of the Camp:

This is an instructional camp designed to teach basic fundamentals of the game to beginners, as well as, the experienced athlete looking to hone his skills for the coming season. Athletes will be placed in small groups according to age, level of ability, and experience. Each camper will receive general instruction along with drills to master the necessary fundamentals of the game.

Eligibility:

This camp is designed for players that are eligible to play on the following teams

- ◆ 60 lb team
- ◆ 75 lb team
- ◆ 90 lb team
- ◆ 105 lb team
- ◆ 125 lb team
- ◆ Unlimited team
- ◆ Upcoming Freshman

Campers will be grouped according to positions, experience, ability, and weight.

Facilities:

The camp will be held on the football practice fields located directly behind Northern Burlington High School. During inclement weather, campers will use the main gymnasium and auxiliary gymnasium areas for practice.

Equipment Required:

Athletes should bring shorts, t-shirts, socks, football shoes, running/tennis shoes, and a towel. Football shoes are optional. Campers should also bring a snack and a container of either water or a sport drink.

Staff Members:

Northern Football coaches will operate the camp and provide individual instruction to each camper who attends. There will be a full-time trainer in attendance to evaluate and treat all-injuries

Registration Fee:

The registration fee is \$65.00 (\$100.00 for two campers from the same family). After June 15th, the registration fee will be \$75.00. Please make checks payable to **NORTHERN FOOTBALL**. CAMPERS will be accepted on the first day of camp.

GENERAL RELEASE FORM

As a parent/guardian of the registered child, I certify that the child is in good physical health and capable of participating in strenuous physical activity. I hereby give my approval to his participation in the **Junior Greyhound Football Camp**, under the direction of the **Junior Greyhound Football Staff**.

As a parent/guardian of the registered child, I authorize the **Junior Greyhound Football Camp** and its agents to request medical treatment as necessary to insure the well-being of my dependent. In case of injury to my child, I agree to waive all claims resulting from or in connection with activities in which my child is a participant. I hereby release, absolve, indemnify and hold harmless the Junior Greyhound Football Camp, its coaches and director, Northern Burlington County Regional School District, its member, officers, organizers, sponsors, and its supervisors.

PARENT/GUARDIAN SIGNATURE

Date: _____

Emergency Contact Person: _____

Relationship: _____

Phone: () _____ - _____

Insurance Carrier: _____

Policy Number: _____

Insurance Carrier Address: _____
