Northern Burlington Athletic Fight Song

Est. 10/2011, Mr. Jack Lukis

Hail to the Greyhounds!
Hail NBC (Fight, Fight, Fight)
Hail to the Greyhounds!
    Hail to Victory!

Herald the Big Blue!
Triumph the Gray! (Fight, Fight, Fight)
    Pride and Tradition,
    Will Forever Lead the Way!

H-O-U-N-D-S
    Hounds!
NORTHERN BURLINGTON COUNTY REGIONAL SCHOOL DISTRICT

ATHLETIC PHILOSOPHY

The Northern Burlington County Regional School District Athletic Department considers athletics to be an important extension of the academic day. The Northern Burlington Athletic Philosophy is to promote a winning mindset with all athletes. The coaching staff is charged with the responsibility of teaching the values of accountability, citizenship, sportsmanship, tolerance, leadership, persistence, responsibility, sacrifice, self discipline and teamwork. Coaches will enthusiastically motivate athletes to develop the skills necessary for excellent achievement in sport.

The primary focus of Northern Burlington athletics is to cultivate the overall development of the student in the classroom and on the playing field. The coaches will check students’ academic progress during the season and off season, enhance athletic skills, sharpen their competitive edge and prepare each student for success at the next level of play. Students will be placed in competitive situations in practices, scrimmages and games to strive to be the best.

High School head coaches will take a leadership role with their prospective sport for the district. They will become the “Face of the Sport” and in this regard will recruit and train assistant coaches, attend middle school/community practices and games, involve the middle school coaches with the high school program, develop and run summer camps and be a constant resource for all coaches to improve the quality of the 7-12 program.

THE NFHS COACHES CODE OF ETHICS

The function of a coach is to educate students through participation in interscholastic competition. An interscholastic program should be designed to enhance academic achievement and should never interfere with opportunities for academic success. Each student should be treated with the utmost respect and his or her welfare should be considered in decisions by the coach at all times. Accordingly, the following guidelines for coaches have been adopted by the NFHS Board of Directors.

- The coach shall be aware that he or she has a tremendous influence, for either good or ill, on the education of the students and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.

- The coach shall uphold the honor and dignity of the profession. In all personal contact with students, officials, athletic directors, school administrators, the state high school athletic association, the media, and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

- The coach shall take an active roll in the prevention of drug, alcohol and tobacco abuse.

- The coach shall avoid the use of alcohol and tobacco products when in contact with players.

- The coach shall promote the entire interscholastic program of the school and direct his or her program in harmony with the total school program.

- The coach shall master the contest rules and shall teach them to his or her team members. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.

- The coach shall exert his or her influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep club sponsors, booster clubs, and administrators.

- The coach shall respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against the officials. Public criticism of officials or players is unethical.

- The coach should meet and exchange cordial greetings with the opposing coach to set the correct tone for the event before and after the contest.

- The coach shall not exert pressure on faculty members to give students special consideration.

The coach shall not scout opponents by any means other than those adopted by the league and/or state high school athletic association.
# ATHLETIC OPPORTUNITIES – PHYSICAL DATES AND SPORT OFFERINGS

**OPENING DATES:** Please check the following websites for scheduling updates:

- [www.burlingtoncountyscholasticleague.org](http://www.burlingtoncountyscholasticleague.org)
- [www.njsiaa.org](http://www.njsiaa.org)

### FALL SEASON

<table>
<thead>
<tr>
<th>Sport</th>
<th>Levels</th>
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<tbody>
<tr>
<td>Football</td>
<td>Freshmen, JV, Varsity</td>
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<tr>
<td>Boys Soccer</td>
<td>Freshmen, JV, Varsity</td>
</tr>
<tr>
<td>Girls Soccer</td>
<td>Freshmen, JV, Varsity</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>Freshmen, JV, Varsity</td>
</tr>
<tr>
<td>Girls Tennis</td>
<td>JV, Varsity</td>
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<tr>
<td>Boys/Girls Cross Country</td>
<td>JV, Varsity</td>
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<tr>
<td>Girls Volleyball</td>
<td>Freshmen, JV, Varsity</td>
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<tr>
<td>Fall Cheerleading</td>
<td>JV, Varsity</td>
</tr>
<tr>
<td>Boys/Girls Soccer – Middle School</td>
<td>Blue, Gray, White, Silver</td>
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<tr>
<td>Girls Field Hockey – Middle School</td>
<td>Blue, Gray</td>
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<tr>
<td>Boys/Girls Cross Country – Middle School</td>
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### WINTER SEASON

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<thead>
<tr>
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<tbody>
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<tr>
<td>Girls Basketball</td>
<td>Freshmen, JV, Varsity</td>
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<tr>
<td>Wrestling</td>
<td>JV, Varsity</td>
</tr>
<tr>
<td>Boys/Girls Winter Track</td>
<td>JV, Varsity</td>
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<tr>
<td>Boys/Girls Bowling</td>
<td>JV, Varsity</td>
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<tr>
<td>Boys/Girls Swimming</td>
<td>JV, Varsity</td>
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<tr>
<td>Winter Cheerleading</td>
<td>JV, Varsity</td>
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<tr>
<td>Boys/Girls Basketball – Middle School</td>
<td>Blue, Gray</td>
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<td>Wrestling – Middle School</td>
<td>N/A</td>
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<td>Winter Cheerleading – Middle School</td>
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### SPRING SEASON

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<tr>
<td>Baseball</td>
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<td>Softball</td>
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<td>Boys/Girls Track</td>
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<tr>
<td>Boys Tennis</td>
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<tr>
<td>Boys/Girls Golf</td>
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<tr>
<td>Girls Lacrosse</td>
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<tr>
<td>Boys Lacrosse</td>
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<tr>
<td>Baseball – Middle School</td>
<td>Blue, Gray</td>
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<tr>
<td>Softball – Middle School</td>
<td>Blue, Gray</td>
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<tr>
<td>Boys/Girls Track – Middle School</td>
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<td>Girls Lacrosse – Middle School</td>
<td>Blue, Gray</td>
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<tr>
<td>Boys Lacrosse – Middle School</td>
<td>Blue, Gray</td>
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<tr>
<td>Boys/Girls Golf – Middle School</td>
<td>Blue, Gray</td>
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### OTHER ACTIVITIES

<table>
<thead>
<tr>
<th>Activity</th>
<th>Level</th>
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<tbody>
<tr>
<td>Athletic Trainer – High School, Middle School</td>
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<tr>
<td>Summer, Fall, Winter, and Spring Fitness – High School</td>
<td>N/A</td>
</tr>
<tr>
<td>Marching Band</td>
<td>N/A</td>
</tr>
<tr>
<td>Winter Guard</td>
<td>N/A</td>
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<tr>
<td>Special Olympics – Bowling</td>
<td>N/A</td>
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<tr>
<td>Special Olympics - Track</td>
<td>N/A</td>
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</table>
**SUMMER CONDITIONING**
Athletes are encouraged to take advantage of coach-supervised summer conditioning. Athletes must have a current physical on file in the nurse’s office and complete the summer conditioning packet.

**FITNESS CENTER**
Athletes are encouraged to participate in the Fitness Center to do off-season workouts. The Fitness Center will have a paid supervisor for the Summer, Fall, Winter and Spring seasons. Athletes must fill out the Fitness Center packet and have a current physical exam on record in the nurse’s office.

**TRAINING RULES**

**High School and Middle School**
Adherence to training rules is essential to individual and team athletic success and there are certain factors that are constant in all athletic programs. Violation of these rules or conditions will result in penalties in proportion to the offense.

1. Conduct on buses, in locker rooms (home and away), should be exemplary.
2. Theft will not be tolerated.
3. Smoking, drinking and drugs - These are a direct violation of the most basic training rules and will be dealt with in accordance to the district substance abuse policy and within the team. Remember, participating in athletics is a privilege, not a right.
4. Personal conduct - The athlete should exemplify an outstanding school citizen. Some typical conditions of this nature are as follows: 1) Classroom behavior, 2) General appearance, 3) Conduct at school functions, and 4) Behavior outside of school.

**ATHLETIC AND EXTRA-CURRICULAR ACTIVITY ELIGIBILITY**
A student, to be eligible for participation in the interscholastic athletic programs, must meet all the eligibility requirements of the New Jersey Sports Interscholastic Athletic Association (NJSIAA). Eligibility rules apply to all freshman, sophomore, junior varsity, and varsity teams involved in interscholastic athletic competition.

Please review the details regarding eligibility in the Athletic Student-Parent Handbook and NJSIAA guidelines.

Eligibility for sports or extra-curricular activities is determined by students’ academic and physical standing.
- First semester (September 1 to January 31), a student must have earned 30 credits during the immediately preceding academic year.
- Second semester (February 1 to June 30), a student must be passing 15 credits at the close of the preceding semester (January 31).
- Credits recovered in pre-approved summer school courses can only be applied to the preceding year, and must be completed by the sixth day of school for eligibility purposes.
- All first time 9th grade students are eligible during the first semester of the school year (September 1 to January 31).
- A student who attends Northern Burlington through the Inter-district Public School Choice Program (Agriscience) is immediately eligible provided he/she have met the academic and physical requirements.

Once a student begins a winter sport, he/she will be permitted to complete it. Should a student be engaged in a full year activity, he/she can continue until the close of the first semester. Examples of full year activities are Student Council and the Journalism club.

The Northern Burlington Middle School recognizes the value of student participation in interscholastic sports, clubs, and activities. Eligibility requirements are as follows:
- Incoming 7th grade students are eligible for activities the first two marking periods.
- Fall eligibility for 8th grade students is determined by the previous year’s final grades.
- After the second marking period, students who are failing two or more classes will lose academic eligibility. Once a student begins a winter sport, he/she will be permitted to complete it. Should a student be engaged in a full year activity, he/she can continue until the close of the third marking period. Examples of full year activities are Student Congress and the Journalism club.
National Collegiate Athletic Association (NCAA) Guidelines
Preparation for Participation in College Athletics

If a student intends to participate in NCAA Division I or II college athletics as a freshman, the student must be certified by the NCAA Eligibility Center. Certain academic criteria must be achieved in high school in order to be eligible to participate in college. The student’s counselor can determine if initial eligibility standards apply. If met, go to the NCAA Eligibility Center and submit the application the summer after the junior year. The application is online at www.eligibilitycenter.org. Meeting the minimum NCAA eligibility requirements does not guarantee admission into the college of choice. Please confirm course requirements via the NCAA website at www.ncaa.org.

Four Year Plan for College Recruitment

Preparing for the future is an exciting time for students and their parents. The Counseling Office, Head Coach and the Athletic Office will assist the students in the college recruiting process. The following outline will provide a 4 year plan to guide students in their college selection process.

### Freshman Year Meeting Agenda

- **Students** should start planning now, work hard to get the best grades in your classes.

- **Students** should take classes that match your high school’s list of NCAA approved core courses (you can access and print Northern’s list of approved core courses at www.eligibilitycenter.org; select “Resources, then “U.S. High School Students” and “Are you on Track?”), then select “List of approved Core Courses”, follow prompts to select school by name. The NCAA Eligibility Center will only use approved core courses to certify your initial eligibility.

- The **Counselor** and **Head Coach** will introduce the idea of college athletics and the variety of options to play after high school (NCAA Division I, II, III, as well as NIAA, NJCAA and NCCAA).

- The **Counselor** and **Head Coach** will explain current NCAA academic eligibility requirements (core courses, grades, test scores). Encourage students to work with their counselor and coach. Encourage students to visit the web site address for the NCAA Guide for the College Bound Student-Athlete. (ncaa.org, click on “Legislation and Governance” on left hand side of the screen and then “Eligibility and Recruiting”; by clicking on “Information for College-Bound Student-Athletes and Parents” users will be directed to a page where current Guide can be down-loaded.)

- The **Counselor** and **Head Coach** will help students understand the collegiate playing arena by observing a range of college teams and examine coaching styles.

### Sophomore Year Meeting Agenda

- **Students** should start planning now, work hard to get the best grades in your classes.

- **Students** should take classes that match your high school’s list of NCAA approved core courses (you can access and print Northern’s list of approved core courses at www.nccaclearinghouse.net). The NCAA Eligibility Center will only use approved core courses to certify your initial eligibility.

- The **Counselor** and **Head Coach** will assist students in identifying factors that should be considered in assessing a collegiate sports program, i.e. coaching style, team chemistry, playing time/schedule, time commitment during the season and in the offseason, training and conditioning programs, level of competition within league and school support of the athletic program.
- The Counselor and Head Coach will explain current NCAA academic eligibility requirements (core courses, grades, test scores).

- The Counselor and Head Coach will explain to students that they should carefully evaluate recruiting services to ensure they meet their needs before using one.

- The Counselor and Head Coach will have students develop goals for their own athletic progress moving toward college.

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**Junior Year Meeting Agenda**

- **Students** will at the beginning of junior year register at [www.eligibilitycenter.org](http://www.eligibilitycenter.org).

- **Students** will complete the Amateurism Questionnaire (same site as above)

- **Students** will register to take the ACT, SAT, PSAT and use the Eligibility Center code “9999” as score recipient. Doing this sends your scores directly to the Eligibility Center.

- **Students** will double check to make sure you are taking courses that match the Northern’s list of NCAA-approved core courses.

- **Students** will request that your counselor send an official transcript to the Eligibility Center after completing your junior year. (The Eligibility Center does not accept faxed transcripts.

- The Counselor and Head Coach will introduce specific rules/regulations relating to contacts with college coaches

- The Counselor and Head Coach will during their junior year, have students register with the NCAA Eligibility Center

- The Counselor and Head Coach will explain current NCAA academic eligibility requirements (core courses, grades, test scores).

- The Counselor and Head Coach will be honest about evaluating a student’s talent level and the probability of playing at certain colleges.

- The Counselor and Head Coach will make sure all students are enrolled in correct classes and getting good grades.

- The Counselor and Head Coach will consider the student’s overall wants and needs in college (not just athletics)

- The Counselor and Head Coach will share access to all NCAA resources with students

- The Counselor and Head Coach will encourage students to come with any questions they may have or any help they may need.

- The Counselor and Head Coach will reevaluate goals for the student own athletic progress moving toward college.

- The Counselor and Head Coach will be proactive throughout the year to remind students about deadlines.
## Senior Year Meeting Agenda

- **Students will** at the beginning of his/her senior year check with Counselor and the Eligibility Center to determine the number of core courses that need to be completed by the senior year.

- **Student** will determine if taking the SAT or ACT is necessary. The Eligibility Center will use the best scores from each section of the SAT or ACT to determine your best cumulative scores.

- **Student** will check to make sure the courses being taken match Northern’s list of NCAA-approved core courses.

- **Student** will review the Amateurism Questionnaire responses and request final amateurism certification beginning April 1 (for fall enrollees) or October 1 (for Winter/Spring enrollees).

- **Student** will continue to earn the best grades possible.

- **Student** will after graduation ask Counselor to send your final transcript with proof of graduation.

- **Student** will graduate on time (in eight academic semesters). If student falls behind, use summer school sessions prior to graduation year to catch up.

- The **Counselor** and **Head Coach** will introduce specific rules and regulations relating to recruiting, recruiting calendars, and unofficial and official visits. Will explain differences between Division I, II, and III.

- The **Counselor** and **Head Coach** will discuss specific circumstances that may present themselves during an unofficial or official visit and prepare student in their response.

- The **Counselor** and **Head Coach** will provide lists of possible questions for students and parents to ask potential coaches and academic personnel.

- The **Counselor** and **Head Coach** will remind students that college selection process should be based on a combination of academic and athletic fit.

## Graduate on Time

- From the time the student enters the ninth grade, they have four years, or eight semesters to graduate from high school. If the student does not graduate “on time” in eight semesters, no core courses taken after the eighth semester will be counted toward your NCAA academic eligibility requirements.

- Graduation “on time” also means that if the high school graduation takes place June 1, and the student graduated on June 1. If the student does not graduate on June 1 with the rest of the high school class, the student has not graduated “on time”.

District Requirements

- All prospective athletes must get a physical examination prior to the start of a sport. As required by N.J.A.C. 6A:16-22 (b), a student medical examination must be conducted by the medical home (family physician) of the student which is included in the Athletic Participation packet. The physical is good for a calendar year, but the other parts of the Athletic Participation packet must be filled out each season a student participates in a sport.
- All athletes must attend school the day of a game (at least four hours). Any exception to this rule must have the approval of the athletic director through the principal.
- Northern Burlington follows all district, league and state policies.
ATHLETIC AWARDS

High School

An athletic award is a symbol of athletic accomplishment and good sportsmanship. Since the award is a symbol of accomplishment, its value lies in its implication rather than in its monetary worth. The monetary worth of awards is limited by the rules of our state high school athletic association and we will make no effort to circumvent the limitations of the award. The coach will recommend the members of his/her squad who have met requirements for a letter. These recommendations are to be approved by the athletic director. If any problems arise due to extenuating circumstances, a committee composed of the principal, athletic director and coach involved will make the final decision.

Letter Awards: An athlete will be eligible for a letter when he/she participates in a sport and completes the season. The athlete must be in attendance at all practice sessions, except absence caused by illness and unless they are given permission to be absent. He/she must have a proper attitude toward teammates, the game, and the opponents. The coaching staff will determine the eligibility of players for awards. Injuries and other circumstances beyond the control of the athlete will be taken into consideration. Failure to meet eligibility standards will be considered failure to complete the season.

Types:
- Varsity – 8” chenille “NB” and gold sport pin for first year, small gold bar for second year, large gold bar for third year, gold star for fourth year
  - A certificate will be awarded for each sport and for each year of completion of sport
  - Gold captain pin for each year the student held that position
- Junior Varsity – Certificate after each completed season
- Freshman – Certificate and class numbers

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<tr>
<th>Requirements: Varsity Letter Criteria</th>
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<tbody>
<tr>
<td>Football</td>
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<td>Soccer</td>
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<td>Field Hockey</td>
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<td>Cross Country</td>
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<td>Volleyball</td>
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<td>Athletic Training</td>
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<tr>
<td>Managers</td>
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<td>All Sports</td>
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Special Considerations

- Seniors who have not met award requirements but who have participated for (3) seasons in a given sport may receive a varsity award
- The head coach may recommend awards in special cases to athletes who have not met requirements but due to special circumstances, such as injury or other discretion, deserve consideration
- Managers must serve two years, one as varsity manager, to receive a varsity award

Middle School

Coaches will individually issue certificates upon completion. Presently there are no awards given to middle school athletes from the Athletic Office.
SPORTSMANSHIP

5570 SPORTSMANSHIP: The Board of Education requires that all individuals involved in or attending the athletic and intramural programs sponsored by the Board exhibit sportsmanship when representing the school at any athletic event. Sportsmanship is defined as abiding by the rules of the contest as defined or accepted by the participating teams and the gracious acceptance of victory or defeat. In exhibiting sportsmanship all participants shall:

1. Understand and follow the rules of the contest;
2. Recognize skilled performance of others regardless of affiliation;
3. Display respect for all individuals participating in the athletic event;
4. Treat opponents in an empathetic manner; and
5. Congratulate opponents in victory or defeat.

Failure to exhibit good sportsmanship shall include, but not be limited to the following conduct:

1. Any person who strikes or physically abuses an official, coach, player or spectator;
2. Any person who intentionally incites participants or spectators to abusive action;
3. Any person who uses obscene gestures or unduly provocative language or action towards officials, coaches, opponents or spectators;
4. Any school or athletic staff member who is publicly critical of a game official or opposing coaches and/or players;
5. Any person who engages in conduct which exhibits bias based on race, color, creed, religion, national origin, ancestry, age, marital status, affectional or sexual orientation or sex, social or economic status, or disability; and
6. Schools or school organizations engaging in pre-event activities of an intimidating nature, e.g. use of fog machines, blaring sirens, unusual sound effects or lighting, or similar activities.
7. Other conduct judged by the Athletic Director to be unsportsmanlike in character.

Failure to exhibit good sportsmanship may result in the Board denying the opportunity for any individual to participate in the athletic program or attend athletic events.

NJSIAA Guidelines

DISQUALIFICATION OF AN ATHLETE

High School: In the event that your son/daughter is disqualified by an official from an athletic contest, he/she will be suspended from play for two games (one game for football). He/She is not even permitted on the premises (home or away) if on suspension. The determination to disqualify by an official cannot be appealed. It is fruitless to call the coach, principal, or athletic director to complain. All disqualifications are filed at the NJSIAA office in Robbinsville and will not be reviewed. The penalty for subsequent disqualification in the same season becomes more severe. Three suspensions in a season by team member(s) or coach will automatically eliminate the team from post-season play. In soccer, the BCSL has initiated a policy stating that after a player receives 4 yellow cards during the season, he/she is ineligible to participate in the next game. All subsequent yellow cards result in a game suspension. State, league and district rules for sportsmanship and return-to-play must be followed.

Middle School: Any discipline problems with the players, coaches, or fans will be dealt by the administration.

PHYSICAL EXAMINATION

Students are required to get their own physical exams prior to being permitted to participate. Athletic Participation packets can be obtained from the nurse, in the athletic office or the school’s athletic website at the following address: http://hs.nburlington.com/hs/athletics/Northern%20Burlington%20Physical%20Packet%202013-2014.pdf

Completed athletic participation packets must be reviewed by the school nurses and doctor prior to the student/athlete being able to participate. The estimated time for processing is between two-three weeks. The Athletic Office is aware of insurance situations and understands the frustration of obtaining physical examinations in time for review by the school nurse and doctor. Please know the later a completed athletic participation packet is turned in to the Athletic Office or Nurse’s Office, the less chance the student/athlete is able to practice on the first day.
ATHLETIC TRAINER

High School
We are fortunate to have a full-time certified athletic trainer. If a student is injured, it is imperative that the trainer be notified. If the injury is not an emergency and the trainer is not immediately summoned, it is important that the injured athlete first notify his/her coach. The athletic trainer, upon review of the injury, will determine the course of action to be followed. Hopefully, the injury can be taken care of by the trainer, who adheres to standing orders from our school physicians. If the injury requires the attention of a physician, the athletic trainer will make that recommendation contacting the parent, director of athletics and building principal.

It is imperative that an accident report be filed with the trainer whenever there is an injury. On occasion, belated symptoms may appear. It may be necessary for the parent to seek medical attention for the injured athlete that night, and neither the coach or the trainer, or Director of Athletics will been notified. If this happens, the student must report the injury to the school nurse and athletic trainers immediately upon his/her return to school. Failure to do so may result in a student’s loss of school insurance coverage. Coaches will continue to be trained in CPR/AED and Sports Safety to recognized and administer first aid to the student athletes. A student that goes to the doctor must bring a note from the doctor that specifies what the student can do and the date(s) to the athletic trainer (high school)

Middle School
Injuries must be reported to the Coach who will notify the director of athletics and building principal. Coaches will continue to be trained in CPR/AED and Sports Safety to recognized and administer first aid to the student athletes. A student that goes to the doctor must bring a note from the doctor that specifies what the student can do and the date(s) to the coach.

Concussion
A concussion is a brain injury and all brain injuries are serious. If an athlete has the signs of concussion (appears dazed, nause/vomiting, demonstrates short-term memory difficulties, exhibits difficulties with balance or coordination, loses consciousness, answers questions slowly or inaccurately, demonstrates behavior or personality changes, unable to recall events prior to or after the hit) the athlete shall be removed from practice/scrimmage/game and will not be able to return to play until the athlete is evaluated by a medical doctor or doctor of Osteopathy, trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider. Close observation of your child should continue for several hours. You should also inform the athletic trainer (high school) and the nurse (middle school) if you think that your child may have a concussion. And when in doubt, the athlete sits out.

INSURANCE

High School and Middle School
Northern Burlington provides its athletes with a secondary insurance coverage. This means in the event of an injury involving insurance payments, family personal insurance is used as the primary mode of payment. School insurance pays a portion of or all the difference. In the event that you lack insurance coverage, school insurance becomes the primary mode of payment. Again, if the school becomes the primary payer, it will pay either a portion of or the entire bill. Bills received by parents should immediately be given to the school nurse.

ISSUING EQUIPMENT

- Coaches will be responsible for issuing and collecting athletic equipment.
- Coaches will provide the athletic director with a record of all equipment issued.
- Any athlete who quits the team must bring his/her equipment immediately to the coach to be cleared.
- At the conclusion of the season, athletes will turn all equipment in to their coach.
- All equipment in lockers will be collected by the head coach on designated collection days. Post season inventory shall be turned in to Athletic Director.
- No equipment is to be taken from the school grounds by students except for use in a contest or for laundering purposes.
- No athletic equipment issued to squad members may be worn in gym class or worn outside of practice or game situations. Coaches must instruct their squad members of this regulation.
- No student will be permitted to participate with school issued equipment in a second sport until he/she has met all equipment requirements in the previous sport.
- Obligations will be filed at the end of the school year. Coaches will alert the athletic department of these obligations at the conclusion of their season.
- At the end of each sports season, head coaches are responsible for post-season inventory and turning it into the athletic director.
- It is the student’s responsibility to care for this equipment. If it is not returned at the end of the season, obligations may require payment. Northern Burlington is not responsible for lost, stolen or damaged items.
TRANSPORTATION

1. All buses are ordered by the athletic director through the director of transportation.
2. Head coaches and middle school coaches check the bus departure time schedule for all sporting events previous to the start of the season and if changes need to be made, the coaches will notify the athletic director.
   a. The middle school typically leaves at 3:00.
   b. High School times vary, with weekend and break games, and are confirmed with the athletic secretary.
3. It is the responsibility of the coach to have members of his/her squad ready to board the bus at the designated time.
4. At least one coach will be present in all vehicles carrying team members. This is includes to and from events.
5. Coaches do not take their own cars to an event unless it is an emergency or have prior approval of the athletic director.
6. Squad members are carefully checked on trips coming and going and attendance is recorded.
7. Bus discipline is important, not only for team control, but for safety. All should remain seated during the trip. Yelling and other forms of misbehavior are not permitted. General bus cleanliness is encouraged after a trip.
8. Students are not permitted to leave or enter the rear emergency door except by permission of the bus driver.
9. No athletic teams or cheerleaders will be transported in private cars for any reason unless it is an emergency. The athletic director and principal will give approval and the coach must fill out proper paperwork with the Transportation Office.
10. Students who are members of an athletic team or squad to a contest, practice, or game should return on the bus. It is the responsibility of the coach or advisor to see that this regulation is carried out. Exceptions to this regulation, under the approval of the head coach, may only be made if the procedures listed below are followed prior to the contest:
   • Written request should be made by parents for their child (children) and given to the coach at least one day prior to the date. Athletes may only ride with their parents unless otherwise noted.
   • Coaches should make positive parental identification before releasing any student to his/her parent.
   • Coaches reserve the right to disallow requests for transportation if it goes against programmatic wishes.
11. It is also important that parents are available to pick up their son/daughter within fifteen minutes after a home or away game (upon the return of the team bus). It is unfair to the coach to have to wait more than fifteen minutes and this may have further implications.
12. There are 5:30 activity buses during the school year. Student-athletes must have a signed bus pass from his/her coach before entering the bus.

ATHLETIC SCHEDULE

The schedule of games can be found on our website by clicking on “Athletic Schedule” to the right of this message. This system is known as RSchool and is the preferred system of the Burlington County Scholastic League. Please do not use www.highschoolsports.net as a tool for determining a schedule. Once on the RSchool schedule website, select the team for which you would like schedule information. Directions to away games are available by clicking on the name of the school twice. This program will allow you to download the schedule to your Outlook and you can subscribe to receive updates in the event of weather cancellations.

To find out information about daily athletic games and for information about postponed or cancelled games, please check RSchool. Decisions about postponed or cancelled games will be made as early as possible, but normally no later than 2:00. Please remember that directions to away games can be accessed by clicking on the red push pin that appears on the schedule. Any questions regarding Northern High School athletics should be directed to the athletic office.

CONCERNS

High School and Middle School
Concerns should adhere to the procedures outlined in the Parent Brochure:
http://hs.nburlington.com/hs/athletics/Parent%20Coach%20Relationship.pdf

Please do not confront the coach before, during or after a game. Schedule a conference by contacting the coach the next day by phone or e-mail.